



## Contact us!

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### President's message

## Giving thanks for what matters

**H**APPY THANKSGIVING MONTH! I HOPE YOU all got to catch some of (if not all) of the Doha World Championships. Team USA was amazing! This month, we will be having our USATF Alaska annual Association meeting at 7 p.m. Nov. 18 at Anchorage Christian School, 6575 E. Northern Lights Blvd. We will meet in Room 123. Everyone is invited, and we hope to see you there. This is your chance to join our organization and help guide the future of track & field, cross country and other aspects of running in the state.

Also, check out this month's newsletter for our Ice Breaker meet at the Dome on Nov. 23, and save the dates for future events as well. Let's make use of this great facility we have right here in Anchorage.

Our contingent is getting ready to go to Reno, Nev., for the national USATF annual meeting in the beginning of December. We are looking forward to seeing what the year will be bringing on the national stage.

Get out and run before the snow hits, and get involved in USATF Alaska!



Jason Hofacker,  
USATF Alaska  
president

## Annual Association meeting

USATF Alaska hosts one annual planning meeting a year to outline its future. Join us at 7 p.m. Nov. 18 at Anchorage Christian School, 6575 E. Northern Lights Blvd., Room 123 to help get the 2020 year started off right. To learn more, contact Jason Hofacker at [jhofacker@acsedu.org](mailto:jhofacker@acsedu.org) or 854-4863.

## Seeking Big C Relays volunteers

USATF Alaska is once again helping host the Big C Relays, Alaska's premiere all-state track meet, in early April. started off right. To learn more, contact Shane Metcalf at [smeaqmetcalf@gci.net](mailto:smeaqmetcalf@gci.net).

## Ice Breaker track meets return to the Dome

**L**AST WINTER, USATF ALASKA PARTNERED WITH DOME OPERATORS to host a series of indoor meets to help runners of all ages prepare for their favorite events. The experimental meets were a big hit, and we will be bringing them back again this year.

The first meet will be held at 1 p.m. Nov. 23 at the Dome. Registration is onsite and costs \$5 per event. There will be two events: the 3200m run and the 400m dash. The races will be split into age categories, and everyone is welcome.

Subsequent meets are still in the planning stages. Let us know if you can volunteer or have race format suggestions! The following dates are tentatively set, and specific race events will be announced on our Facebook page and in our monthly newsletter. Send us feedback! We welcome the input and want as many people involved as possible.

Tentative race schedule

### Ice Breaker Meet #2:

Either Jan. 11 or 18; race formats to be determined

### Ice Breaker Meet #3:

Feb. 15; race formats to be determined

### Ice Breaker Meet #4:

March 14; race formats to be determined

## Join us on Facebook!

USATF-Alaska is on Facebook, where you can check out details about upcoming races, coaching education and other activities associated with the running community. Check us out at [www.facebook.com/groups/USATFAlaska/](https://www.facebook.com/groups/USATFAlaska/).

