



October 2019 Newsletter

USA TRACK & FIELDSM ALASKA

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Contact us!

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President's message

XC winds down: Track season heats up as temperatures drop

AS WE APPROACH THE SNOWY days in Alaska, let's not forget a few things we want to highlight for the rest of the year. First, Team USA is competing at the World Championships through Oct. 6. Visit usatf.org for the schedule and how to watch.

Second, we will be having our USATF Alaska Cross Country Association Championships on Oct. 9. Information is on our web page, under "the Events" tab.

Third, the USATFAK annual meeting will be Nov. 18 at Anchorage Christian Schools, 6575 E. Northern Lights Blvd. The meeting begins at 7 p.m. in Room 123, and all are invited.

Fourth, we will be having a track event at the Dome on Nov. 23. Be on the lookout for more information on that.

Lastly, don't forget to get ready to renew your membership for 2020. 2020 is an Olympic year, so there will be lots of exciting things happening with USATF.

Go, Team USA!



Jason Hofacker,
USATF Alaska
president

Suggestions sought for USATFAK indoor meet series at Dome

ARE YOU LOOKING TO EXPAND YOUR RUNNING GROUP'S OPPORTUNITIES for winter competition? Are your high school runners itching to compete but have nowhere to race? When the snow hits in Alaska, it can mean a big drop in race opportunities, so USATF Alaska is hoping to fill the gap.

USATF Alaska is considering an indoor track series with races to be held at the Dome, periodically throughout the winter in. For those prepping for their spring season, this can be the perfect way to tune up and check in with your running goals.

We are looking for race format suggestions, and volunteers to help make these events successful for runners of all ages who are trying to stay competitive. To learn more, contact Melissa Hall, 240-7726, or coachhallchugiak@gmail.com. A planning meeting will be held at the end of October; stay tuned for more details!

Big C Relays is coming soon!

LAST SPRING, USATF ALASKA PARTNERED WITH THE ORGANIZERS of the Big C Relays to resurrect this great all-school track & field competition once again. After the collapse of the Dome under heavy snow, the popular early-season meet was shut down for two years.

The 2020 Big C Relays will once again be held in early April at the Dome. We are seeking involvement now, and would love to start collecting volunteers now to help put on such a huge event. Last year's meet saw some great performances, including the Mile event that featured Alaska's own Allie Ostrander, now a Brooks pro runner.

If you would like to be included in the planning process, please contact USATF Alaska. We can use all the volunteer help we can get!

Contact Jason Hofacker at jhofacker@acsedu.org or 854-4863.

Join us on Facebook, become a member

USATF-Alaska is on Facebook, where you can check out details about upcoming races, coaching education opportunities and other activities associated with the running community. Check us out at www.facebook.com/groups/USATFAlaska/.



www.alaska.usatf.org